

Coastal Virginia District United Women in Faith
October 2025



PRESIDENT – JULIE KISSELL

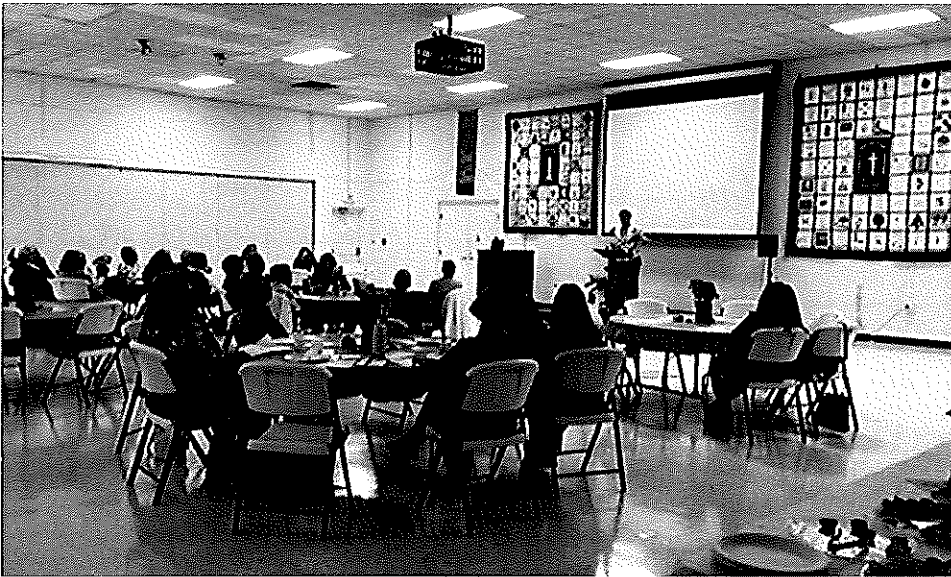
Ladies of the District,

Thanks to New Creation UWF for hosting our annual meeting on September 13. We had 26 people attend in person. Apparently, the Zoom link did not work; I am sorry if you tried to attend virtually. We celebrated our accomplishments over the past year and heard about what is going on at the Wesley Community Service Center. A special guest, Renee Foster, gave a presentation on her organization, Hampton Roads Urban Agriculture, which is partnering with Wesley Center to provide training for teens in gardening/harvesting and marketing/selling their produce. They have started a new garden on Wesley Center property!

Our next district event will be on December 13 at Wesley Community Service Center (1701 Elm Avenue, Portsmouth, VA 23704). We will hold our installation of officers and present our 2026 budget. The program will be decorating the Center and hosting a Christmas party for our neighbors in Prentiss Park. I hope many of you will save the date so that you can help with games and activities to celebrate the season! We are forming a committee to plan the event. If you are interested in helping on the committee, contact Marta Pizzeck at erdumwppresident@gmail.com and let her know you want to be in on the planning.

The year may be coming to a close, but Coastal VA District UWF are still busy serving! I look forward to the fun in December and hope everyone will join us at Wesley Community Service Center.

Julie Kissell



District UWF at New Creation – Sept 13



SECRETARY – OLGA CAALIM



TREASURER - MICHELE KANADY

Greeting to my Sisters in Christ!



2025 Treasurer
Remittance Form.xlsx

New deadlines for remittance forms are below.

- Q1 - March 31st
- Q2 - June 30th
- Q3 - **September 30th
- Q4 - December 31st

If your remittance is received after the due date, don't be discouraged. Your donations will be included in the next quarter remittance to the Conference.

I have included the 2025 Remittance Form. The Remittance Form is required for all mission submissions. Please complete it in its entirety and keep a copy of all submission in your records. **The Coastal VA District UWF Annual Meeting is tentatively set for September 13th. Please be aware that all Rainbow Giver forms, all 5- & 6-Star Mission Giving qualifiers and all Candle Burning forms must be received by September 5th for recognition at the Annual Meeting on September 13th.

Please make checks payable to: **Coastal VA UMW/UWF**

Submit to:

Michele I. Kanady (District Treasurer), 1808 Candy Lane, Chesapeake, VA 23321

Quarterly meeting dates for the remainder of 2025 are:

- September 13, 2025 (District Annual Meeting)
- December 13, 2025 (Christmas Event)

Please feel free to reach out if you have any questions (text/call 757-645-7929) or (email coastalvatreasurer@gmail.com)

Thank you - Michele I. Kanady (Treasurer, Coastal VA)



EDUCATION AND INTERPRETATION - MARY ARNOLD

“Preach the Word”

2 Timothy 4:2

I trust that all Coastal Virginia District UWF members have had a most enjoyable summer, and all are ready for fall! I must admit that I really love the long days of summer and the warmth of the sun.

At the Annual Meeting of the Coastal Virginia District on September 13, the following Units received awards for their Living Into Our Purpose Report (LIOP), covering the period September 1, 2024 through August 31, 2025.

GOLD

Lynnhaven UWF	Thalia UWF
Bayside UWF	Community UWF
Covenant UWF	Centenary UWF
Haygood UWF	

SILVER

New Creation UWF

Only eight Units submitted their Living Into Our Purpose Reports, and it is my hope that I will receive more next year. Start today documenting what your Unit is doing, such as participating in the Reading Program (the 2026 Reading Program catalog is now available and there are so many great books available), present a program from the 2026 Program Resources book, take part in the periodic Faith Talks, Author Talks, or Marta's Response magazine discussions via ZOOM, work in your food pantry, clothing distribution, assemble kits for UMCOR, etc. There are so many ways you can qualify for GOLD next year so let's start today!

My Unit, Lynnhaven UWF, has been collecting cancelled stamps from our congregation and then donating the postage stamps to the Sisters of the Holy Cross, Notre Dame, Indiana. The cancelled stamps provide funds for projects that help people in need here in the United States and around the world, with such things as education, self-reliance and healthcare through their Ministry With the Poor Program. Foreign stamps, and tourist postcards are most

beneficial, as well as album collections and first-day covers. U.S. small flags, star ribbon, liberty bell stamps are not desired, along with U.S. nonprofit and first class presort. I usually mail an envelope of stamps every few months. The mailing address is: Sisters of the Holy Cross, Development Office: Stamp Ministry, 200 Rosary Hall, Notre Dame, IN 46556-5053. This mission is a check on your respective reports under Item 6a. Attached to this article is a complete listing of stamps that are desired, and those who are not collected.

Stamp wish list

- Stamps in mint (uncanceled) or fine/very fine condition
- Foreign stamps, on or off paper
- U.S. Commemoratives, on or off paper
- U.S Mint sheets, strips or plate blocks
- Postcard stamps
- Stamps with postage values of \$1 or more, such as Washington and Jackson, Redwood Forest Priority Mail, Bixby Creek Bridge Express Mail, etc.
- Album Collections

Some stamps are less desirable than others. See the list below that are plentiful and hold little resale value.

- U.S. small flags, liberty bell and fireworks
- Recent low denomination stamps from recent fundraising appeals.
- U.S. non-profit and presort



Join our Stamp Ministry

The canceled stamps on your incoming mail can help the Sisters of the Holy Cross Ministry With the Poor.

To donate stamps, send to:

Stamp Ministry, 200 Rosary Hall, Notre Dame, IN 46556-5053
Questions? Call 574-284-5675 or email : stamproom@cscsisters.org

*Sisters of the
Holy Cross*

Examples

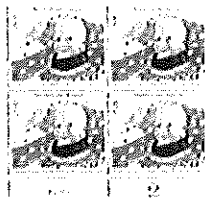
Here are examples of the types of stamps that are the most beneficial.

Thank you for helping our Ministry With the Poor by saving your stamps.

U.S. off or on paper,
especially commemorative
stamps

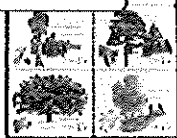
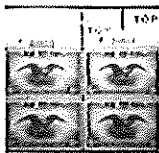


Foreign mint stamp
sheets and blocks



U.S. mint stamps
and plate blocks

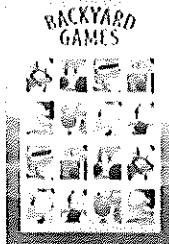
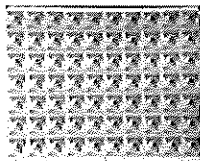
Saved to this PC



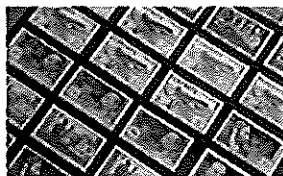
Foreign off or on
paper



U.S. mint stamp
sheets



Album collections



Tourist Postcards



First-day covers



Guidelines

DO:

Send stamps that:

- Have perforations intact,
- Are not too heavily canceled
- Are not torn, cut or stained.

Leave at least 1/4-inch on each side of the stamp when cutting it from the envelope-- it will save you money when you send them

If you require a receipt for your stamp donation, enclose an inventory and we will confirm that we received it. *We cannot assign a dollar value to your inkind donation.*

DON'T:

Waste your time, effort or money by sending stamps that are plentiful and have little or no resale value such as:

U.S. small flags, star ribbon, liberty bell



U.S. nonprofit and first class presort



Recent low denomination stamps from fundraising appeals



Several dates to remember: October 16, Response Magazine Bible Study; October 25, 53rd Annual Meeting of the Virginia Conference UWF, Richmond; December 13, Coastal Virginia District Installation of Officers, Wesley Community Service Center, Portsmouth.

I do look forward to seeing all of you at our Christmas celebration on December 13, the Women's Event on January 24, and our gatherings into the new year. If you have any questions about your LIOP report or stamp mailing, just send me an email or text, and let's strive to have more of our Units qualify for Gold, Silver or Bronze next year!

“Always remember, you have within you the strength, the patience and the passion to reach the stars to change the world.”



NOMINATIONS – DIANNA FOGEL

Consider serving on the district board: Vice President; Social Action; Spiritual Growth; Membership, Nurture, and Outreach; and Nominating Committee are still available.



PROGRAM RESOURCES – LYNN MCCANDLISH

Reaching Across the Racial Divide – A Presentation by Betty Kilby Baldwin and Phoebe Kilby
Saturday, October 11 @ 1:00 pm – 3:00 pm. Click the link for more information.

<https://laurelridge.edu/event/reaching-across-the-racial-divide-a-presentation-by-betty-kilby-baldwin-and-phoebe-kilby/>



COMMUNICATIONS – DEBI LUPTON

Please share this newsletter with your UWF ladies/units and new pastors.

Remember to VOTE either early or in November!

Share your stories, activities and pictures with the newsletter!

We can inspire each other with the things that are happening in our units.

Contact me to add your news. UWFCommunicationsDirector@gmail.com

Please send any updates to your unit board member list when you have them.

If you would like a copy of our current 2025 UWF Handbook, please email UWFCommunicationsDirector@gmail.com for an electronic copy.

Dream it. Believe it. Do it - Assembly 2026 Registration is Now Open for Assembly 2026,
happening **May 15–17, 2026**, in **Indianapolis, Indiana.**

<https://assembly.uwfaith.org/website/82390/>

The United Methodist Church new vision states: "The United Methodist Church forms disciples of Jesus Christ who, empowered by the Holy Spirit, love boldly, serve joyfully, and lead courageously in local communities and worldwide connections."

UWF 2025 District Calendar

Jan 30..... UM Day at General Assembly (Richmond)
Feb 15..... Charter for Racial Justice Event (VA Conference)
Feb 20..... Response Magazine Bible Study – Zoom Thursday
April 10..... Response Magazine Bible Study – Zoom Thursday
May 2-4..... Spiritual Life Retreat (Massanetta Springs Conf Center)
June 7..... Pre-Conference Gathering
June 14..... Coastal VA UWF Breakfast Meeting
June 12–14.. Virginia Annual Conference (Roanoke)
June 19..... Response Magazine Bible Study – Zoom Thursday
June 21..... Lunch Meeting/Retreat - Zoom
July 25-27... Mission u (Glen Allen Conf Center)
Aug 15..... Reports Due – Living Into Our Purpose, Reading, Membership
Aug 21..... Response Magazine Bible Study – Zoom Thursday
Sept 13..... District UWF Annual Meeting
Sept 19-20... Young Women's Retreat Camp Overlook, Keezletown
Oct 16..... Response Magazine Bible Study – Zoom Thursday

Topic: Response Magazine Bible Study

Time: Oct 16, 2025 07:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us06web.zoom.us/j/8768444496?pwd=V01pQIZ6RHp6Vm1JTGxLS3kzVIJ4Zz09&omn=87239981278>

or

Meeting ID: 876 844 4496

Passcode: 9tUH8A

Oct 25 52nd Annual Meeting - Trinity UMC, Richmond, VA
Nov 6 81st Annual Day Celebration – Wesley Memorial UMC, Richmond, VA
Dec 13..... Installation of Officers
Dec 18..... Response Magazine Bible Study – Zoom Thursday

Fresh Food Wednesdays at The Gathering at Scott Memorial UMC

409 First Colonial Rd, Virginia Beach, VA, 757-428-3720

This is one of the largest food pantries in Virginia Beach.

If you would like someone from Fresh Food Wednesdays to talk to your group, contact Anne Douglas at sadoug@aol.com

For information or to sign up as a volunteer - check out -
<https://www.thegatheringatcottmemorialumc.com/fresh-food-wednesdays/>



Oaklette United Methodist Church

Blessing of the Animals



**Saturday, October 11, 2 p.m.
[Rain date Oct. 25, 2 p.m.]**

In the Pavilion behind Oaklette UMC

***Bring your pets with the appropriate leashes
or in carriers.***

520 Oaklette Dr., Chesapeake, VA 23325
(757) 545-7434 * oaklette@oakletteumc.org * oakletteumc.org
Like us on our facebook page at:
<https://www.facebook.com/profile.php?id=100064643383561>



Fall Faire Crafts & More

Saturday, October 18, 2025

10 AM – 3 PM

Community

United Methodist Church

1072 Old Kempsville Road, Virginia Beach, VA 2346

 **Craft Vendors**

 **Books**

 **Independent Consultants**

 **Bake Sale**

 **Food**

Event sponsored by the United Women in Faith of CUMC

Table Fees benefit projects of the CUMC United Women in Faith

Food Sales benefit projects of the CUMC United Methodist Men

Need more information?

Contact Rebecca Ellis at 757-630-0773

cumcfallfaire@gmail.com

The Women's Event Ministry at New Creation United Methodist Church invites women across Coastal Virginia to a Ladies' Night Out on **Friday, January 23, 2026**. This evening of fellowship and worship will feature guest speaker **Jodie Berndt**, who will share *Praying Scriptures in the New Year*. Designed to encourage spiritual growth and connections among women, this gathering seeks to inspire us to start the year grounded in God's Word. **Registration opens October 1** with early bird pricing through November 15. Learn more and register at womensevent.newcreationumc.org

LADIES NIGHT OUT – JANUARY 23, 2026

Praying Scriptures in the New Year

Guest Speaker: Jodie Berndt

Social time: 5:45 PM

Worship & Teaching: 7:00 PM

Early Bird Tickets: \$30 Available Oct. 1, 2025

NEW CREATION UNITED METHODIST CHURCH

4320 Bruce Road
Chesapeake VA 23321

WesleyODU, an integral part of the Old Dominion University community, is reaching out to invite you to join us in making a difference in the lives of our students. This semester we are continuing an initiative to provide a free weekly meal to students. This is one of hopefully many ways we are seeking to address food insecurity on our campus. To do that we need your help.

We are seeking partners who can either:

1. Provide a Free Weekly Meal: Your organization can choose which Tuesday to sponsor a meal for our students. This could be a wonderful opportunity to directly engage with the WesleyODU students support student well-being. Meals are offered between 12:30-2 and you are invited to spend time with the students or to drop the meal off. To sign up please use this link.

<https://www.signupgenius.com/go/70A0A45AEAD2AA4F94-56472669-providing#/>

2. Donate \$200: If providing a meal is not feasible, a donation of \$200 would be greatly appreciated. Your generous contribution will help us cover the costs of providing meals and ensure that no student goes hungry. Donations can be made online at wesleyodu.org or by mailing a check to 1338 49th Street Norfolk VA 23508.

There are many other ways to support the ministry. You can support through financial donations or by visiting our Amazon wish list. If you have any question or want to get connected please reach out to Director and Campus Minister Joshua McCauley at thewesleyodu@gmail.com.

Thank you for considering supporting WesleyODU and our students.



PROVIDE A LUNCH AT WESLEYODU

This semester we are continuing an initiative to provide a free weekly meal to students. This is one of hopefully many ways we are seeking to address food insecurity on our campus. To do this we need your help.

Your organization can choose which Tuesday to sponsor a meal for our students. This could be a wonderful opportunity to directly engage with the WesleyODU students and support student well-being. Meals are offered between 12:30-2 and you are invited to spend time with the students or to drop the meal off.

If providing a meal is not feasible, a donation of \$200 can be made to cover the cost of one of the meals. Donations can be made online at wesleyodu.org or by mailing a check to 1338 49th Street Norfolk Va 23508.

**EMAIL THEWESLEYODU@GMAIL.COM TO LEARN MORE
OR SCAN THE QR CODE TO SIGN UP**

Sign up here! →

www.wesleyodu.org



wesleyodu.org

Wesley at ODU - Old Dominion University
Meet Tuesdays at 7:30 pm for small group
1338 West 49th Street, Norfolk, VA 23508
Pastor Joshua McCauley
thewesleyodu@gmail.com
<https://www.wesleyodu.org/>

<https://www.facebook.com/TheWesleyODU/>

Virginia Wesleyan University
5817 Wesleyan Drive
Virginia Beach, Virginia 23455
Marie Porter - Director of Campus Ministries
Phone (757) 455-3400 Cell (757) 513-7716
mporter@vwu.edu
<https://www.vwu.edu/>

[Facebook](#) | [Twitter](#) | [Instagram](#)

Campus Ministries is very involved in kingdom building on campus and in the community. You can follow us on Instagram at [vwucampusministries](#).

Wesley-Westminster House - Norfolk State University
2412 Corprew Ave., Norfolk, VA 23504
Rev. Dr. Joy Carrinton
Phone 757-353-5944
njoynmin@aol.com
Wesleywestminsternsu@gmail.com

We meet Wednesdays at 7pm for Bible Study; twice a month we gather for Cereal Saturdays and volunteer at 3 Food distribution sites during the month. We distributed food for hundreds of families during the holidays and provided thousands of toys for children in need. We are committed to character development, spiritual growth and community service. We have more than 30 active members who participate each week.

COASTAL VIRGINIA UNITED WOMEN IN FAITH BOARD

President – Julie Kissell, 5621 Beaumont Dr., Virginia Beach, VA 23464, 757-404-1783, coastalvadistrictuwf@gmail.com

Vice-President – Open

Secretary – Olga Caalim, 757-776-2263, olgacaalim@aol.com

Treasurer – Michele Kanady, 1808 Candy Lane, Chesapeake, VA 23321, 757-645-7929, coastalvatreasurer@gmail.com

Nominations Chair – Dianna Fogel, 4005 Foxwood Dr, Virginia Beach, VA 23462, 757-469-3325, diannasdecor@gmail.com

Program Resources – Lynn McCandlish, 948 Adelphi Rd, Virginia Beach, VA 23464, 757-646-2318, sylmargal@aol.com

Communications – Debi Lupton, 1661 Hawks Bill Dr, Virginia Beach, VA 23464, UWFCommunicationsDirector@gmail.com, 757-474-1328, 757-641-2221

Missions – Open

Education and Interpretation – Mary Arnold, 729 Little Neck Road, Virginia Beach, VA 23452, marnold757@verizon.net, 757-463-4713

Membership, Nurture & Outreach – Open

Social Action – Open

Spiritual Growth – Open

United Women in Faith National UWF website is <https://uwfaith.org/>

The Link – <https://buttondown.com/vauwf/archive/the-link-august-2025/>

Link to Reading Program - <https://uwfaith.org/resources/reading-program/>

Coastal Virginia District UMC Website: <https://coastalvadistrict.com/>

Coastal Virginia District United Women in Faith [Facebook Page](#)

View New Coastal Connection Newsletters [here](#).

To subscribe to the weekly E-Advocate Conference News (or see past issues) go to: <https://vaumc.org/e-advocate/>

Virginia Conference UWF – <https://vauwf.org>

Virginia Conference - <https://vaumc.org/>

Virginia Conference Events - <https://vaumc.org/events/>

To sign up for Virginia Conference newsletters -<https://vaumc.org/subscriptions/>

To see the conference calendar of events/classes or add an event -
<https://www.umc.org/en/umc-calendar>

Coastal Virginia District Office of The United Methodist Church

Email address for Rev. F. Elizabeth Givens, District Superintendent: coastalvads@vaumc.org

Email address for Kristin Fogle, District Lay Leader: Kristin.fogle@gmail.com

Email address for Jeri Burtchell, District Administrative Manager: coastalvadistrict@vaumc.org

Email address for Rev. Victor Drummond, District Church Revitalization Coordinator - Eastern Shore: victordrummond@vaumc.org

Email address for Rev. Stephanie K. Parker, District Church Revitalization Coordinator: stephaniekimecParker@vaumc.org

Office Phone: [\(757\) 331-6729](tel:(757)331-6729)

